



AFL Academy 2026



School-based AFL Academy Launching in 2026

The school has enlisted the services of Academy Movement (AM) to implement a high level and AFL academy at Glenroy College campus starting in 2026. AM have had great success in starting various Sport academies across Victorian schools

We will be launching a specialist AFL Academy Classes at Years 9 and 10 in 2026.

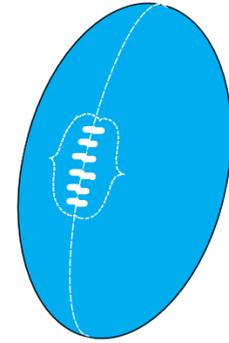


AFL Academy Classes

Classes at Year 9 and 10 in 2026

- Mix of Practical training and theory classes
- Full Year Selective Class
- Application process required open to all students
- Special Puma-branded uniform
- Excursions to elite facilities
- Entry level umpiring and coaching certifications at Year 9
- Strapping and taping, First Aid at Year 10
- Expansion to Year 11 AFL in 2027 and Year 12 in 2028





Practical Sessions

AFL specific training sessions



Fitness Testing

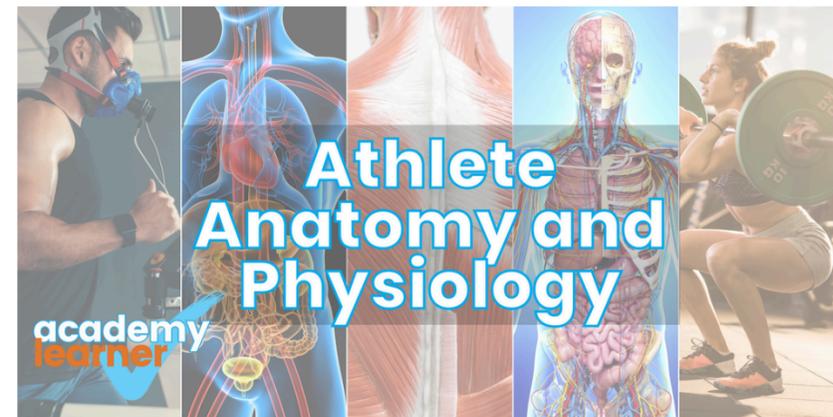
Multiple fitness and strength testing throughout the year



Tournament Preparation

Students will be expected to take part in after school AFL sessions in preparation for upcoming tournaments you will compete in for the school

Possible Theory Units



Athlete Anatomy and Physiology

academy learner

This unit cover features a collage of images including a person wearing a heart rate monitor, anatomical diagrams of the human body, and a person performing a squat.



Sport Performance Analysis

academy learner

This unit cover shows a person in a classroom setting with a computer monitor displaying data charts and graphs.



Finance for Athletes

academy learner

This unit cover includes images of a basketball player, a calculator, and various financial icons like a clock and a lightbulb.



Coaching and Leadership

academy learner

This unit cover features two men in orange sports uniforms, one holding a medal, against a dark background with a hexagonal pattern.



Community Outreach

academy learner

This unit cover shows hands clasped together in a supportive gesture, with a silhouette of a person climbing a mountain peak.



Sports Ethics and Respectful Relationships

academy learner

This unit cover features a handshake, a calendar, and a central diagram with the word "ETHICS" surrounded by terms like integrity, moral, value, honor, choice, conscience, fair, and responsible.



Nutrition for Life

academy learner

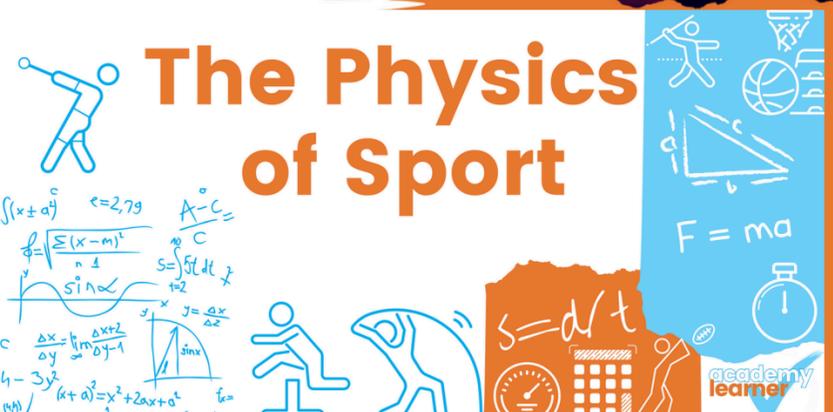
This unit cover displays a vibrant assortment of fresh vegetables like tomatoes, mushrooms, and leafy greens.



STEM Sport

academy learner

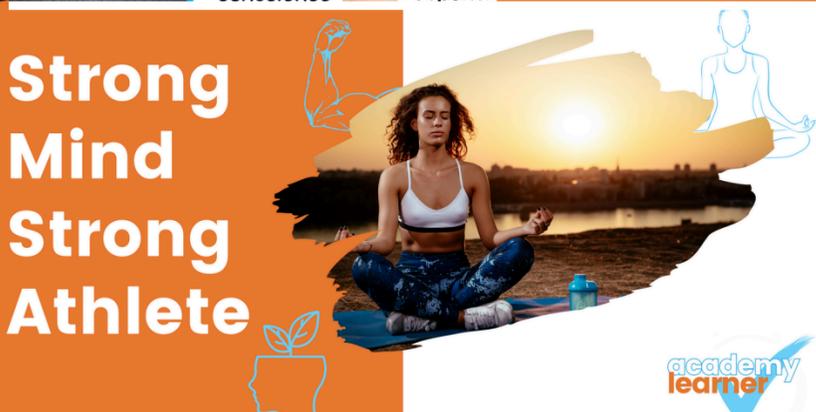
This unit cover shows a person running on a track, overlaid with various digital and scientific icons.



The Physics of Sport

academy learner

This unit cover is filled with mathematical formulas such as $F=ma$, $s=vt$, and $v^2 = u^2 + 2as$, along with simple diagrams of a person and a ball.



Strong Mind Strong Athlete

academy learner

This unit cover depicts a woman meditating in a peaceful outdoor setting at sunset.



Fitness for Life

academy learner

This unit cover shows a person performing a pull-up in a gym.



Sports Journalism and Broadcasting

academy learner

This unit cover features a vintage microphone, a laptop displaying a sports website, and a newspaper clipping.



Goal Setting & Healthy Habits

academy learner

This unit cover shows a person standing triumphantly on a rocky cliff overlooking a vast landscape.



The Statistics of Sport

academy learner

This unit cover includes a soccer game in progress and a smartphone displaying a sports statistics app.



Strapping and Taping

academy learner

This unit cover shows a person's leg being wrapped with athletic tape.



Officiating

academy learner

This unit cover features a hand holding a yellow card and a whistle.



Proposed Uniform



As members of the Glenroy College AFL Academy, you will be given the privilege of wearing a special uniform made by Puma.



LEFT SIDE

FRONT

BACK

Competitions, Excursions and Tours



As a member of the Glenroy College AFL Academy, you will be expected to compete in all tournaments and games you are eligible to play in for the school.

You'll also get the chance to tour high performance facilities.

Long term, the Academy teams may have the chance to tour interstate and internationally.

Career Pathways

Apply for the AFL Academy if you would like a career as any of the following:

- Professional Athlete
- Professional Sports Coach
- Strength and Conditioning Coach
- Fitness industry e.g., personal trainer, sports centre manager
- Educator/teacher
- Sports Psychologist
- Sports Management
- Sports and Exercise Science
- Police Force
- Dietitian/Nutritionist
- Physiotherapist



Expectations

Any member of the Glenroy College AFL Academy are expected to sign and abide by an Academy Code of Conduct and Ethics that includes:

- Respectful behaviour at all times at school and in public
- Acceptable attendance
- Submission of all school tasks in a timely manner and best effort in all subjects
- High level of organisation in class and at training.
- Representing the school in a way that aligns with the values of Glenroy College.



Code of Ethics and Conduct for Members of the Glenroy College AFL Academy

Player Code of Ethics and Conduct

As a member and student athlete in the Glenroy College AFL Academy, your actions reflect not only on you, but also on your teammates, your coaches, the academy, and the college. Our values and expectations for academic endeavour teamwork, participation, behaviour, and respect are of the highest standard. At all times I will uphold the Glenroy College school expectations of **Integrity, Respect, Teamwork and Achievement**.

Player Code of Ethics and Conduct Agreement

As a **Glenroy College AFL Academy** member, I agree to abide by and follow the rules of the academy listed below:

- I will arrive at classes, training, games, events and/or destinations on time and be prepared. I understand that it is my responsibility to have all of my equipment needed ready for training, games and/or events, this includes uniform, drink bottle and my own playing equipment.
- I will never be violent or bully others at school, home, on the sports field or in the wider community. I am committed to stopping violence and abuse when I see it in all forms.
- I will bring a note to excuse myself from training if I have an injury, I will come prepared with other work to do during class time. If the injury persists, I will see a medical professional to determine what course of action is required to rehabilitate.
- If I am unable to make training for any reason, I will give my coaches at least 24 hours' notice with a legitimate reason.
- I will refrain from the use of drugs, alcohol, tobacco products or weapons of any kind while I am a representative of **Glenroy College AFL Academy**
- I understand that my behaviour reflects on my school, teammates, coaches, and **Glenroy College AFL Academy** as a whole. I will always be on my best behaviour at training, games, in the classroom (all subjects), other team events and in the general community.
- I will always ensure that my uniform is correct, clean and I will always be presentable in public. I will respect the AFL Academy uniform and the jersey. My uniform is my own, it is not to be leant to others, particularly those outside of the **Glenroy College AFL Academy**.
- I will approach the Academy teachers for guidance with any issues that may be inhibiting me to participate to my best ability.
- I will respect my teachers, coaches and/or leaders at all times, and listen carefully to their instructions. I understand that they are giving their time to make me a better student, player, and athlete. When I do not understand I will ask questions in an appropriate, respectful manner.
- I will support and respect my teammates, opponents, and officials always. I will not tease, ridicule, put down or make fun of any players on my team or the opposing team, at any time.
- I will always show good sportsmanship, both when winning and losing. I will always congratulate the other teams and wish them well.
- I am committed to developing as a student and sportsperson. This includes attending practices, listening to my teachers, coaches and/or leaders of **Glenroy College AFL Academy**, and always giving my best effort.
- I understand that being a student athlete, I am a student first. I commit to achieve my absolute best results in the classroom and during assessments. This means finding a balance between school, AFL, and life. I am willing to ask for support with this to be the best I can be.

Applications

Students wishing to be a member of either academy will be required to select the AFL Academy as a first choice for your electives, then complete an application form, this will require the applicant to address how they embody the school values and provide a character and coaches reference.



Glenroy College

AFL Academy Application Form 2026

The survey will take approximately 6 minutes to complete. You will need to contact your coach or sport/community leader to request this application.

Please treat this form like you are applying for a job, go into as much detail as you can and take the time to sell yourself as someone academy.

I would suggest drafting your full application in MS Word and then copy the sections into the online form.

Submitting this application does not guarantee a position in the Rugby Academy. This forms part of the process.

Hi, Tim. When you submit this form, the owner will see your name and email address.

* Required

1. Given Name *

Enter your answer

Questions?

Please stay back if you want to know more

academy
movement

